



## **REFLECTING ON 30 YEARS OF PRACTICING LAW**

This September, I'll be celebrating my 30th anniversary of practicing law and 20 years of operating my own law firm. It's hard to believe that so much time has passed. Some days are grueling, but my days fly by since my work never gets ... <u>CONTINUE READING</u>



## WANT TO SAVE ON YOUR NEXT VACATION?

Are you excited to explore the world again? Or maybe you've just gotten back from your latest vacation! In either case, the economic challenges of the pandemic might require travelers to plan their trips a little smarter. Here are five tricks to do just ... <u>CONTINUE READING</u>



## FIGHT SAD EARLY!

Do you get SAD? We're talking about seasonal affective disorder, which affects 1%-10% of the population depending on the state you live in. Symptoms of SAD are similar to symptoms of depression, but unlike chronic depression, which can occur at any time, people with SAD only experience symptoms during a certain time of year, usually ... <u>CONTINUE</u> READING

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