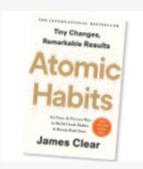




## LOST AND FOUND IN NEW JERSEY

The State of New Jersey has an agency which is entirely dedicated to the safekeeping of abandoned or lost property and funds. The Unclaimed Property Administration (UPA) collects both tangible and intangible property which was forgotten about by the rightful property owners. The UPA was initially created in 1989 with the passage of the Uniform Unclaimed Property Act, which protects ... CONTINUE READING



## RETRAIN YOUR BRAIN WITH HABIT TRACKING

Back in the 1980s and '90s, almost every sports movie included a training montage — and no montage was complete without a giant paper calendar hanging on the hero's wall. As time ticked by and the big game or contest approached, the hero crossed the days out one by one. Each square was a success, and it was another day of training down ... CONTINUE READING



## A CINEMATIC CURE FOR SEASONAL DEPRESSION

Are you stuck in a TV rut and starting to feel down in the dumps? (Thanks, seasonal depression.) If so, check out one of these heartwarming movies for a pick-me-up ... CONTINUE READING